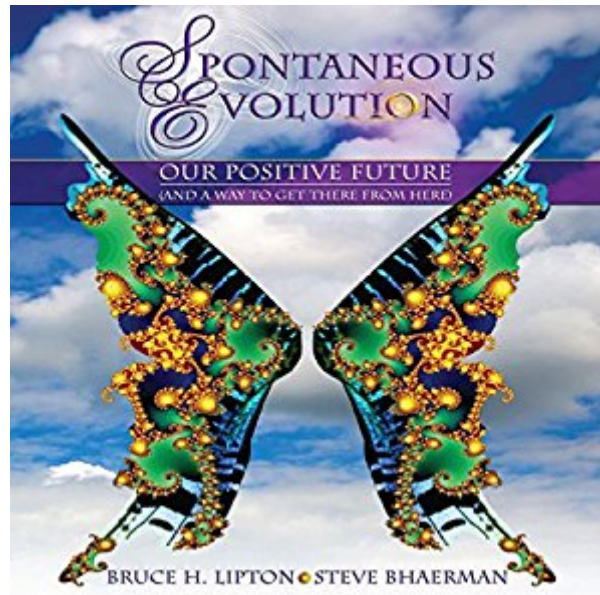


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Spontaneous Evolution: Our Positive Future (and A Way To Get There From Here)



Synopsis

If looking at today's headlines makes you wonder about the fate of our planet, here is some news that may surprise you: from an evolutionary standpoint, we are exactly where we need to be. According to eminent biologist Bruce H. Lipton and political and cultural commentator Steve Bhaerman, we are surrounded by the proof that we are poised to take an incredible step forward in the growth of our species. On *Spontaneous Evolution*, you are invited to participate in an eye-opening examination of science and history - one that leads to a profound vision of the next "holistic" stage of human civilization. Join these two pioneers as they explore: The three perennial questions any belief system needs to address, and why the answers have changed throughout history The four "Myth-Perceptions of the Apocalypse": the unexamined pillars that support modern thought, and why each one of them is ready to crumble Why the blueprint for a brighter future is literally inside you - encoded into each of your trillions of cells What you can do to help usher in the greatest cultural shift since the Copernican revolution Many of the ideas and institutions that define our culture today are breaking down - and that's a good thing, say Lipton and Bhaerman. this is a necessary part of the natural process of clearing out what no longer serves us to make room for a new way of being that will carry us into the next age. *Spontaneous Evolution* is an insightful, playful, and ultimately hopeful look at the unfolding destiny of our species - and how you can play an active role as a co-creator of the world to come.

Book Information

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Customer Reviews

This is an inspiring book that gives great evidence that we are truly on the verge of a great shift in

consciousness--but unlike many books this is not based on wishful thinking or "New Age fluff," but rather historical and scientific evidence. In this book Bruce Lipton, famous for writing about the biological proof that our beliefs create much of our reality, pairs up with Steve Bhaerman, the humorous social commentator that writes comically as "Swami Beyondananda," thus making this a blend of history, science and philosophy with humor sprinkled throughout. In Part I we learn all about how we are programmed with certain beliefs, as we are in the hypnogogic state as children. Our unconscious perceptions (which influence 95% of our behavior!) are formed and these later control our behavior: this happens at the cellular and human level. This is why positive thinking can only do so much, since it stems from the self-conscious mind (which influences a mere 5% of our behavior). As the authors state, "Perhaps instead of original sin, we should be talking about original misperception." In Part I we are also given the history of the balance between matter and spirit that our paradigms have reflected--everything from animism (8,000 BC) to neo-darwinism (1953) and most recently the discoveries learned from the Human Genome Project. The premise of the book is that around 2012, we will have a new paradigm, called "Holism." In other words, we as a people need to come together and work together in harmony just as well as our cells work together for the good of the body. 700 million years ago, single-celled organisms realized they could live longer and better if they worked together intelligently as one organism.

I bought Dr. Lipton's *The Biology of Belief: Unleashing the Power of Consciousness, Matter, & Miracles* a few weeks ago and was delighted and thrilled with the book and the insights it contained. In particular, I especially appreciated the various pieces of scientific evidence he provided, such as the Human Genome Project's findings, the enucleated cell scenario (a cell can survive for weeks or even longer with no DNA, no nucleus), the discovery that RNA can re-write DNA in certain circumstances, the notion of epigenetics (control above genes) with a scientific experiment involving mice as proof that the expression of genes can be influenced (at least in some cases) by environment. Mostly, however, I appreciated the journey of discovery that Dr. Lipton shared with us--indeed, that he took us along for. I felt in reading that book that I was right there, being **SHOWN** the steps along the way, the path. And it was amazing. Now, I'm a scientist by training and profession--I work at Cornell university's particle accelerator--and by now I have a pretty good sense of when something is and isn't supported by actual scientific evidence. I'm not an atheist (nor am I a "believer") and I don't hold with the notion that only matter matters, nor with the thought that if something isn't objectively proven by scientific experiment it isn't "real". However . . . in my opinion, one of the weaknesses of *The Biology of Belief* was that it often jumped a lot of steps from initial

evidence and discovery and acquaintance to end-result.

In a recent presentation to the Institute of Noetic Sciences (IONS), Dr. Lipton stated that our future will focus on these themes and thus we "will explore how advances in epigenetics, quantum biophysics, and fractal geometry reveal that civilization is poised on the threshold of a major evolutionary event--the emergence of a new giant 'multicellular organism' called humanity." Further, he outlined the "compelling scientific evidence how our collective perceptions are contributing to global crises, and how, by changing those perceptions, civilization will evolve and thrive into the future."Therefore, I say this is NOT a book; rather it is a psychiatric prescription formulated upon the principles outlined in *The Biology of Belief: Unleashing the Power of Consciousness, Matter, & Miracles*; and comprehensive treatment plan that we must follow if we are to achieve planetary sanity within era-2012. Specifically, we learn that we are living cells, not only in the emerging global brain, [Peter Russell, et al.], but also the global body, the unified superorganism, that is forming out of the "in-form-ation" we are collecting like bees in a hive from the environment, as well as each other in social engineering networks; for example, Facebook and Google. In other words, we are coming face-to-face with the truth: we are co-creators of consciousness here and now. Indeed, the mythological images, our heavens and hells, that we have created, weaved from the threads of history, institutionally reinforced, and come to believe as gospel through time are converging into a cul de sac, or worst, a "dead-end."

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